

# 1974 Region F - May 28 & 30, 1974 - Coon Rapids High School (heavy rain & 66 degrees on the 30th)

Teams: Mounds View 75, Robbinsdale 41, Stillwater 36.5, Mpls. Roosevelt 29, Hopkins Lindbergh 20, Fridley 15, Mpls. Edison 12.5, Bloomington Kennedy 12, Osseo 12, St. Paul Johnson 3.

## 120 Yard High Hurdles

- 1 John Thorvilson, Robbinsdale 14.6 \*\*
- 2 Al Lindberg, Mounds View 14.6
- 3 John Selvog, Mounds View 15.4
- 4 Jim Ratte, Stillwater 15.5
- 5 Tim Peltier, Robbinsdale 15.7

## 100 Yard Dash

- 1 Mike Yost, Mounds View 10.1 \*\*
- 2 R. Rafferty, Mounds View 10.3
- 3 Tom Devine, Mounds View 10.3
- 4 Scott Makkuson, Fridley 10.3
- 5 Jim Dahlen, Roosevelt 10.4

## Mile Run

- 1 Dave Kask, Roosevelt 4:29.8
- 2 Scott Clark, Osseo 4:30.1
- 3 Steve Chiodo, Mounds View 4:32.6
- 4 Mike Solomon, Robbinsdale 4:38.4
- 5 Don Myhill, Kennedy 4:42.0

## 880 Yard Relay

- 1 Fridley 1:33.1
- 2 Mounds View 1:33.7
- 3 Kennedy 1:36.1
- 4 Stillwater 1:36.3
- 5 Lindbergh 1:35.4

## 440 Yard Dash

- 1 M. St. Aoro, Mounds View 51.6
- 2 Steve Kobs, Lindbergh 51.8
- 3 S. Bergen, Stillwater 52.3
- 4 Dan May, Johnson 52.3
- 5 Kevin Tuttle, Mounds View

## 180 Yard Low Hurdles

- 1 John Thorvilson, Robbinsdale 19.8
- 2 Al Lindberg, Mounds View 20.2
- 3 John Selvog, Mounds View 20.7
- 4 Paul Carter, Roosevelt 20.7
- 5 Tim Peltier, Robbinsdale 20.9

## 880 Yard Run

- 1 Steve Reed, Robbinsdale 1:57.4 \*\*
- 2 Dave Smith, Lindbergh 2:01.2
- 3 John Banisky, Edison 2:02.5
- 4 Bob Bernetson, Kennedy 2:03.1
- 5 Roger Hilden, Roosevelt 2:04.5

## Sprint Medley Relay

- 1 Mounds View 3:35.7
- 2 Kennedy 3:37.9
- 3 Robbinsdale 3:38.3
- 4 Stillwater 3:38.5
- 5 Roosevelt 3:38.5

## 220 Yard Dash

- 1 John Thorvilson, Robbinsdale 22.6 \*\*
- 2 R. Sutherland, Fridley 22.9
- 3 Scott Markuson, Fridley 22.9
- 4 D. Samuelson, Stillwater 23.1
- 5 Dan May, Johnson 23.7

## Two Mile Run

- 1 Gordie Weaver, Mounds View 9:34.7 \*\*
- 2 Dan Thimsen, Lindbergh 9:40.8
- 3 Tom Thatcher, Stillwater 9:51.7
- 4 Steve Stokowski, Edison 9:54.0
- 5 Orr, Roosevelt 10:01.5

## Mile Relay

- 1 Mounds View 3:27.1
- 2 Lindbergh 3:29.1
- 3 Robbinsdale 3:31.2
- 4 Stillwater 3:32.8
- 5 Kennedy 3:33.8

## High Jump

- 1 Rob Ebert, Mounds View 6-0 \*
- 2 Mike Hood, Edison 5-10
- 3 Bill Strand, Mounds View 5-10
- 4 Jim Payne, Edison 5-8
- 4 Todd Reich, Stillwater 5-8

## Pole Vault

- 1 Tom Mottaz, Osseo 12-6 \*
- 2 Burt Selsbeck, Roosevelt 12-0
- 3 Dave Rogers, Stillwater 12-0
- 4 Gaius Nelson, Roosevelt 12-0
- 5 Jim Trussell, Mounds View 12-0

## Long Jump

- 1 Dave Eiland, Roosevelt 22-3 \*\*
- 2 Doug Reed, Robbinsdale 20-9
- 3 John Ingelin, Robbinsdale 20-3.5
- 4 Mike Zalk, Mounds View 20-2.5
- 5 Mike Riley, Roosevelt 19-10

## Shot Put

- 1 Bill Barnett, Stillwater 50-4.25
- 2 Dave Belideau, Stillwater 49-7.5
- 3 Dave Gansler, Mounds View 48-6.5
- 4 Dave Setzer, Osseo 48-0.5
- 5 Jeff Olson, Mounds View 47-9.25

## Discus

- 1 Bill Barnett, Stillwater 141-11 \*\*
- 2 Brian Smith, Roosevelt 137-8
- 3 Bill Malzohn, Lindbergh 135-1
- 4 Pat Leary, Edison 133-3
- 5 Tim Clark, Kennedy 129-9

\*\* Meet Record \* Ties Meet Record

**Notes:** Mounds View's Head Coach was Bob Stewart.